



BELL & BEAR INN

Welcome to the Bell and Bear

This Historic 400 year old pub dates back to the 16 hundreds, when it was originally a Farmhouse. in the early 18 hundreds it became the well known bell and bear public house.

We hope you enjoy your stay with us.

Booking advisable.
If you would like to book a table in the future please either
call 01214063556
or visit our website where you can request a table.
we will email back confirmation.

Thank you for visiting us and we hope to see you again very soon

Please leave us a positive review
on either
Facebook, Google or TripAdvisor

All our best

David, Zoey and the team

All dishes are offered subject to availability. Dish descriptions may not list every ingredient. Whilst we take care to preserve the integrity of our products, we must advise that these products are handled in a multi-product kitchen environment. Meat, poultry and fish dishes may contain bone/ shell. If you suffer from an allergy please make us aware as our dishes may not list every ingredient. All dishes are prepared in a kitchen where products containing nuts, seeds and other allergens are prepared. This means we are not able to fully guarantee that our food will not contain traces of a specific allergen. Upon request our staff will be able to give you further information on specific products and cook methods so that you are able to make an informed decision as to whether a dish is likely to be suitable for you.

STARTERS *menu*

AVAILABLE MONDAY TO SATURDAY 12:00 TILL 20:00 ONLY

GARLIC BREADED MUSHROOMS (V/VE) Served with mixed leaf and garlic mayo dip	£ 6.75
6 SMOTHERED WINGS WITH YOUR CHOICE OF SAUCE Buffalo, BBQ, Piri Piri	£ 7.95
6 CHICKEN TENDERS IN YOUR CHOICE OF SAUCE Buffalo, BBQ, Sweet chilli, Piri Piri, Honey Chilli.	£ 7.95
BBQ PORK BELLY BITES (GF) Sat on a bed of mixed leaf	£ 8.00
BREADED JALAPENO BITES (V) Sat on a bed of mixed leaf	£ 5.50
CAJUN SQUID POPS Served with sweet chilli dip and salad	£ 7.50
GARLIC CIABATTA BREAD (V/VE)	£ 4.50
CHEESY GARLIC CIABATTA (V)	£ 5.00
CORN RIBS (V/VE) Served with salad and sweet chilli	£ 6.50
CAULIFLOWER WINGS (V/VE) Served with salad and buffalo sauce	£ 6.75

GRILL *menu*

AVAILABLE MONDAY TO SATURDAY 12:00 TILL 20:00 ONLY

ALL SERVED WITH BATTERED ONION RINGS, TOMATO, MUSHROOM,
PEAS AND YOUR CHOICE OF CHIPS, FRIES OR JACKET

SHROPSHIRE GAMMON (GF)	8 OZ £13.50	16 OZ £17.95
RUMP STEAK (GF)	8 OZ £15.50	16 OZ £19.50
SIRLOIN STEAK (GF)	8 OZ £17.50	16 OZ £22.50

STEAK TOPPERS:

Peppercorn Sauce £2.95 Surf and Turf £3.75 Stilton sauce £2.95

BELL AND BEAR MIXED GRILL £26.00

4oz rump steak, 4oz pork steak, 4oz gammon steak, 2 lamb chops, 2 sausages, bacon, black pudding, mushroom, tomato, onion rings, beans, egg and chips.

WEXFORD CHICKEN £15.00

Chicken breast covered in mushroom, cheese pepper sauce, served with chips and peas

THE BEARS BREAKFAST £12.50

Breakfast any time of the day, two sausages, two bacon, egg, beans, grilled tomatoes, grilled mushrooms, black pudding, hash browns and toast

HUNTERS CHICKEN (GF) £15.50

Done our own way, grilled chicken topped with bacon and lashings of BBQ sauce and mounds of cheese grilled to perfection and served with chips, peas and homemade slaw.

PERI PERI CHICKEN BREAST £15.50

Grilled chicken breast topped with Peri Peri and served with fries, homemade slaw, onion rings and peas

PHILLY CHEESE STEAK £15.00

Beef Steak sliced and grilled with onions and peppers, mixed in with cheese and served on a ciabatta roll with fries

MAINS *menu*

AVAILABLE MONDAY TO SATURDAY 12:00 TILL 20:00 ONLY

BLACK COUNTRY FAGGOTS	£ 1 2 . 9 5
Served with chunky Chips, mushy peas and gravy	
ROASTED PORK BELLY (GF)	£ 1 6 . 0 0
Served on a bed of creamy mash potatoes, black pudding and peas.	
HOMEMADE BATTERED FISH (GF OPTION)	£ 1 4 . 5 0
Served with chunky chips and mushy peas.	
MULTIGRAIN WHOLETAIL SCAMPI	£ 1 4 . 5 0
Served with chunky chips and peas	
HOMEMADE STEAK & ALE PIE	£ 1 3 . 9 5
Our Homemade Pie sat under a fluffy puff pastry lid and served with peas and your choice of either chips or mash	
HOMEMADE VEG/CHICKEN BALTI (V/VE)	£ 1 5 . 5 0
Served with rice, naan	
CHEESE & MUSHROOM OMELETTE (GF/V)	£ 1 2 . 0 0
Served with chunky chips and peas	
BEEF OR VEGGIE LASAGNE	£ 1 3 . 5 0
Served with chunky chips and salad	
HOMEMADE COTTAGE PIE, (MINCE OR QUORN) (V)	£ 1 3 . 0 0
Homemade cottage pie smothered with a layer of fluffy mash, topped with cheese and served with chunky chips and peas	
HOMEMADE CHILLI (MINCE OR QUORN) (SPICY) (V)	£ 1 3 . 5 0
Served with rice and garlic ciabatta	
CHICKEN AND RIBS COMBO (GF)	£ 1 6 . 9 5
Half a roasted chicken and half a rack of BBQ ribs served with fries, and homemade coleslaw	

SUMMER FAVOURITES *menu*

AVAILABLE MONDAY TO SATURDAY 12:00 TILL 20:00 ONLY

Beef Brisket Tacos	£ 8 . 0 0
Three soft shell tacos, slow cooked Brisket in a honey chilli sauce, topped with red pickled cabbage, coriander and lime wedge.	
Bell and Bear club sandwich	£ 1 2 . 9 5
Chicken, bacon salad and mayo Served on your choice of white or brown bread, and a side of fries	
Chargrilled Tikka Wrap	£ 1 3 . 9 5
Fresh marinated chicken tikka, chargrilled with onion and served upon a large baked naan with mixed leaf, yoghurt and mint dressing and a side of fries	
Bears Mezza	£ 1 6 . 5 0
Tikka meat, lamb kofta, naan, spicy rice, pot of tzatziki sauce and salad	
Halloumi Wrap	£ 1 3 . 0 0
A tortilla wrap with halloumi with sweet chilli sauce and salad, served with fries	
Crispy Chicken and Bacon Wrap	£ 1 3 . 5 0
A tortilla wrap with salad, served with fries and slaw	
Bell and Bear Tots	£ 9 . 5 0
Potato tots covered in nacho cheese sauce, topped with crispy chicken, bacon bits, spring onion, chives and Siracha mayo	
Chilli Cheese Dog	£ 1 5 . 7 5
Wildboar sausage covered in chilli, nacho cheese, bacon bits, crispy onions and spring onions, served with chips and salad	

AVAILABLE MONDAY TO SATURDAY 12:00 TILL 20:00 ONLY

PLATTERS *menu*

THE VEGGIE PLATTER (V) £17.95

Halloumi fries, garlic breaded mushrooms, jalapeno bites, onion rings, garlic ciabatta, fries and a selection of dips

THE BELLS MEAT PLATTER £18.95

1/2 a rack of BBQ Ribs, chicken wings, chicken tenders, crispy sheered salt and pepper chicken, onion rings, fries and a selection of dips

THE BEARS WINGS £21.95

5 buffalo wings, 5 piri piri wings, 5 BBQ sauce wings, served with fries, homemade slaw and a pot of blue cheese

BEARS PIT £32.00

Smoked Wildboar sausage, full rack of ribs, BBQ belly bite beans, half a chicken, homemade slaw, corn ribs and fries (ideal for sharing)

SALADS *menu*

CAESAR CHICKEN SALAD £14.50

Salad covered in Caesar sauce, with crispy chicken, bacon bits, croutons and parmigiana cheese

STEAK SALAD £14.50

Grilled steak sat on a bed of mixed leaf's, tomatoes, cucumber, red onion and peppers, croutons and crispy onions

SALMON SALAD £14.50

whole salmon grilled to perfection sat on a bed of mixed leaf's, tomatoes, cucumber, red onion, peppers and croutons

CRUSTY COBS *menu*

Cold (choice of salad).

Ham	£3.45
Cheese	£3.45
Cornbeef	£3.45
Tuna	£4.25

Hot £4.95

Chicken tikka meat
Beef brisket
Bacon and Brie
Sausage and egg
Pork and Stuffing
Bacon and egg

AVAILABLE MONDAY TO SATURDAY 12:00 TILL 20:00 ONLY

BURGER *menu*

ALL BURGER BUNS ARE TOASTED WITH SALAD

CHEESE & BACON BURGER	£ 13.45
8oz beef patty, served on a brioche bun with salad, accompanied by a side of fries, onion rings and homemade slaw	
SOUTHERN FRIED CHICKEN BURGER	£ 13.45
Served on a brioche bun with cheese, salad, accompanied by a side of fries, onion rings and homemade slaw	
THE SPICY MEXICAN	£ 13.45
8oz beef patty served on a brioche bun with salad, nachos, jalapeños, nacho cheese sauce and salsa, accompanied by a side of spicy fries, onion rings and homemade slaw	
SPICY VEGAN BURGER (V/VE)	£ 12.95
Served on a Vegan bun with salad, accompanied by a side of fries, onion rings and homemade slaw	
BEEF BRISKET BURGER	£ 14.75
Beef brisket slowed cooked in a honey chilli sauce and served on a brioche bun with salad, pickles, nacho cheese and bacon bits, accompanied by a side of fries, onion rings and homemade slaw	
HALLOUMI BURGER	£ 12.95
Served on a toasted bun with Portobello mushroom, salad, chilli jam and accompanied with fries, onion rings and Homemade slaw	
THE BIG BEAR BURGER	£ 16.95
6oz Aberdeen angus beef burger, southern fried chicken burger, 2 rashes of smoked bacon, beef brisket topped off with melted cheese and served on a brioche bun with salad and accompanied with a side of fries, onion rings and Homemade slaw	
DIRTY BEARS BURGER	£ 16.95
Beef patty, southern fried chicken burger, hash browns, bacon, covered in nacho cheese, served with fries, onion rings and homemade slaw	
BUFFALO CHICKEN BURGER	£ 14.75
Chicken breast coated in buffalo sauce and topped with ranch sauce, sat on bed of salad in-between a brioche bun served with fries, onion rings and slaw	
FISHWICH BURGER	£ 13.95
Battered fish, sat in-between a brioche bun and topped with mushy peas, tartar sauce and served with chips and curry sauce	

ADD AN EXTRA BEEF OR CHICKEN PATTY TO ANY BURGER FOR £3.75

AVAILABLE MONDAY TO SATURDAY 12:00 TILL 20:00 ONLY

BAGUETTES *menu*

CHICKEN TIKKA MEAT	£ 13.75	HAM AND STILTON	£ 13.75
BACON AND BRIE	£ 13.75	HOT PORK AND STUFFING	£ 13.75
PRAWNS IN MARIE ROSE SAUCE	£ 12.95	MELTED CHEESE AND MUSHROOM (V)	£ 11.45

SERVED WITH FRIES OR CHIPS AND SALAD

JACKETS *menu*

ALL SERVED WITH A SIDE SALAD AND HOMEMADE COLESLAW

CHILLI OR QUORN CHILLI (V)	£ 8.95	PRAWN IN MARIE ROSE	£ 9.25
TUNA MAYO	£ 8.95	CHICKEN TIKKA MEAT	£ 9.75
		CHEESE AND BEANS (V)	£ 7.95

SOMETHING *on the side*

HALLOUMI FRIES AND SWEET CHILLI DIP	£ 5.50	BUTTERY MASH POTATOES (V)	£ 3.95
LOADED FRIES (nacho cheese sauce, spring onion & bacon bits.)	£ 7.25	HOMEMADE SLAW	£ 3.75
BRISKET FRIES	£ 8.00	ONION RINGS	£ 3.00
CHUNKY CHIPS OR FRIES (add cheese 50p)	£ 3.50	GRAVY	£ 1.50
TOASTED GARLIC CIABATTA (V) (add cheese 50p)	£ 4.50	BREAD AND BUTTER White or Brown	£ 1.00
		PEPPERCORN SAUCE	£ 2.95
		STILTON SAUCE	£ 2.95
		CURRY SAUCE	£ 2.95

House Sauces : 50p each - Garlic Mayo, Sweet Chilli, Honey Chilli, Piri Piri, BBQ

AVAILABLE EVERYDAY

LITTLE BEARS *menu*

MAINS £6.95

All Mains come with a choice of peas or beans, chips, fries or mash.

CHICKEN NUGGETS

LARGE FISH FINGERS

CHEESE BURGER

SAUSAGES

SCAMPI

KIDS MIXED GRILL £7.95

(3 x nuggets, 1 x sausage, 1 x fish finger)

KIDS MIXED GRILL LARGE £8.95

(Cheeseburger, 3 x Nuggets, 1 x sausage)

KIDS DESSERT *menu*

ICE LOLLY

£2.00

ICE CREAM

£3.00

2 scoops of ice cream served with chocolate sauce and a wafer

DESSERTS *menu*

CHOCOLATE FUDGE BROWNIE Served with Cookies and cream icecream	£ 5.95
STICKY CHOCOLATE AND ORANGE CAKE Served with double cream	£ 6.25
STICKY TOFFEE PUDDING (GF) Served with custard	£ 6.50
CHEESECAKE OF THE WEEK Served with double cream	£ 5.95
CHOCOLATE FUDGE SUNDAE Vanilla ice cream, brownie pieces, fudge pieces, chocolate sauce and whipped cream	£ 6.75
APPLE CRUMBLE (V) Served with custard	£ 6.50
ICECREAM SUNDAE (GF/V) Served with vanilla ice cream, cookies and cream ice cream, topped with sauce and wafer	£ 6.25

AVAILABLE SUNDAY 12:00 TILL 17:00 ONLY

SUNDAY STARTERS *menu*

GARLIC BREADED MUSHROOMS (V/VE) £6.75
Served with mixed leaf and garlic mayo dip

6 SMOTHERED WINGS £7.95
WITH YOUR CHOICE OF SAUCE
Buffalo, BBQ, Piri Piri

6 CHICKEN TENDERS £7.95
WITH YOUR CHOICE OF SAUCE
Buffalo, BBQ, Sweet chilli, Piri Piri, Honey Chilli.

BREADED JALAPENO BITES (V) £5.50
Sat on a bed of mixed leaf

PRAWN COCKTAIL (GF no bread) £7.50
Served with lemon wedge and brown toasted bread

GARLIC CIABATTA BREAD (V/VE) £4.50

CHEESY GARLIC CIABATTA (V) £5.00

CAULIFLOWER WINGS (V/VE) £6.75

CAJUN SQUID POPS £7.50

CORN RIBS (V/VE) £6.50

AVAILABLE SUNDAY 12:00 TILL 17:00 ONLY

SUNDAY *menu*

ROASTED SILVERSIDE OF BEEF Slow roasted Beef served with seasonal vegetables, crispy roast potatoes, Yorkshire pudding and gravy	£ 14.25
SLOW ROASTED LAMB Slow roasted Lamb served with seasonal vegetables, crispy roast potatoes, Yorkshire pudding and gravy	£ 14.75
ROASTED CHICKEN LEG Roasted Chicken Leg served with seasonal vegetables, crispy roast potatoes, stuffing and gravy	£ 14.25
TRIO OF MEATS Cant decide why not have all three. Beef, Lamb and Chicken served with seasonal vegetables, crispy roast potatoes, stuffing, Yorkshire pudding and gravy	£ 21.95
BEETROOT AND BUTTERNUT SQUASH WELLINGTON Wellington served with seasonal vegetables, crispy roast potatoes, Yorkshire pudding and Vegan gravy	£ 13.95
8OZ SIRLOIN STEAK Cooked to your liking and served with chips, peas, onion rings and mushroom.	£ 17.50
DOUBLE UP YOUR STEAK TO A 16OZ FOR AN EXTRA £5.00	£ 22.50
BEEF OR VEGETABLE LASAGNE Served with chunky chips and salad	£ 13.50
Homemade Battered Fish (GF option) Served with chunky chips and garden peas.	£ 14.50
MULTIGRAIN WHOLETAIL SCAMPI Served with chunky chips and peas	£ 14.50
CHEESE & BACON BURGER 8oz beef patty, served on a brioche bun with salad, accompanied by a side of fries and onion rings	£ 13.45

SUNDAY SIDES

CAULIFLOWER CHEESE	£ 4.25	YORKSHIRE PUDDINGS	£ 2.45
ROAST POTATOES	£ 3.95	HALLOUMI FRIES	£ 5.50
BUTTERY MASH	£ 3.95	CHIPS/FRIES	£ 3.50
PIG IN BLANKETS	£ 3.95	GRAVY	£ 1.50